



Do you have a good safety situational awareness? If you are displaying the following behaviors, you are a supporter of safety situational awareness.

- Before you begin a job, you consider how to do it more safely
- You discuss the safety aspects of tasks with co-workers
- You discuss safety with your supervisor.
- You don't begin a task without the proper personal protective equipment
- You check your position and posture to reduce strain on your body
- You are aware of your work environment and are aware of any changes in the area - people coming or going, jobs beginning or ending
- You report unsafe conditions
- Check yourself out today. See if you have good safety situational awareness. Ask a co-worker to watch you for a time. Ask them to watch you and discuss with you what they observe. Safety situational awareness is your own personal safety textbook. Written by you, and for you.